



# WOODLAND HILLS HIGH SCHOOL BREAKFAST & LUNCH MENU JANUARY 2012



## **Breakfast Menu**

### **Monday**

Waffles w/ Warm Syrup

### **Tuesday**

Warm Honey Bun

### **Wednesday**

Scrambled Eggs w/ Toast

### **Thursday**

French Toast Styx's w/ 2 Turkey Sausage Links

### **Friday**

Warm Apple Turnover

## **Daily Breakfast**

### **Choices:**

~Assorted Whole Grain Cereal w/ Toast Or Graham Crackers ~  
Variety of Whole Grain Muffins  
100% Fruit Juice & Low Fat Milk Served Daily

**MENU SUBJECT TO CHANGE**

Food Service Directors  
Ardela DiBernardo  
Leah McGhee  
Phone: 412-244-1100  
Ext. 5170

<u><b>MONDAY</b></u>	<u><b>TUESDAY</b></u>	<u><b>WEDNESDAY</b></u>	<u><b>THURSDAY</b></u>	<u><b>FRIDAY</b></u>
<b>BREAKFAST PRICE</b> <b>Student \$1.40</b> <b>Adult \$ 2.45</b>  <b>LUNCH PRICE</b> <b>Student \$2.35</b> <b>Adult \$3.85</b>	<b>3</b> Chicken Fajitas Corn Diced Peaches Variety of Fresh Fruit & Fresh Vegetables  	<b>4</b> 2 For 1 Hotdogs on a Bun Baked Beans Applesauce Variety of Fresh Fruit & Fresh Vegetables	<b>5</b> Popcorn Chicken w/ Roll Mashed Potatoes & Gravy Mandarin Oranges Variety of Fresh Fruit & Fresh Vegetables	<b>6</b> Fish Patty on a Bun w/ Mac & Cheese Stewed Tomatoes Diced Peaches Variety of Fresh Fruit & Fresh Vegetables
<b>7</b> Salisbury Steak w/ Roll Mashed Potatoes & Gravy Applesauce Variety of Fresh Fruit & Fresh Vegetables	<b>10</b> Double Cheeseburger Diced Carrots Mixed Fruit Variety of Fresh Fruit & Fresh Vegetables	<b>11</b> Chicken Patty Melt Corn Diced Peaches Variety of Fresh Fruit & Fresh Vegetables	<b>12</b> Steak & Cheese w/ Sautee Mushrooms, Peppers, & Onions Diced Pears Variety of Fresh Fruit & Fresh Vegetables  	<b>13</b> Grilled Cheese Sandwich & Tomato Soup Mixed Vegetables Mixed Fruit Variety of Fresh Fruit & Fresh Vegetables
<b>16</b> <b>No School</b> <b>Martin Luther King Day</b>	<b>17</b> BBQ Rib let on a Bun Baked Fries Diced Peaches Variety of Fresh Fruit & Fresh Vegetables	<b>18</b> Chicken Strips w/ Roll Parsley Potatoes Mixed Fruit Variety of Fresh Fruit & Fresh Vegetables	<b>19</b> Mini Corndogs w/ Roll Steamed Broccoli Diced Pears Variety of Fresh Fruit & Fresh Vegetables	<b>20</b> Taco Salad Carrot Coins Pineapple Tid Bits Variety of Fresh Fruit & Fresh Vegetables
<b>23</b> Breaded Pork Chops w/ Roll Mashed Potatoes & Gravy Mixed Fruit Variety of Fresh Fruit & Fresh Vegetables	<b>24</b> Gyro w/ Corn Diced Peaches Variety of Fresh Fruit & Fresh Vegetables  	<b>25</b> Honey Lemon Chicken w/ Buttered Noodles Peas Diced Pears Variety of Fresh Fruit & Fresh Vegetables	<b>26</b> Pasta w/ Meat Sauce & Garlic Bread Carrot Coins Applesauce Variety of Fresh Fruit & Fresh Vegetables	<b>27</b> Grilled Ham & Cheese w/ Tomato Soup Mixed Vegetables Pineapple Variety of Fresh Fruit & Fresh Vegetables
<b>30</b> Sausage, Egg, & Cheese on a Bun Hash Brown Warm Baked Apples Variety of Fresh Fruit & Fresh Vegetables	<b>31</b> Sweet & Sour Popcorn Chicken over Rice w/ Roll Steamed Broccoli Mixed Fruit Variety of Fresh Fruit & Fresh Vegetables	<b>Variety of 1% &amp; Skim Milk offered Daily</b>	<b>Fresh Baked, Low-Fat Cookies available daily, &amp; sold ala carte</b>	

## **DAILY LUNCH CHOICES**

### **PIZZA**

Plain, & Pepperoni  
**Tuesday** - Sausage  
**Wednesday** - Buffalo  
**Thursday** - Meat Lovers

## **HOT SANDWICHES**

### **Daily**

Cheeseburger,  
 Plain Burger.  
 Spicy Chicken Patty, Or  
 Chicken Patty, Grilled  
 Chicken Patty

### **NEW**

## **CHOOSE TWO AT the OUT TAKE**

Choice of a Variety of Salads Along With a  
 Choice of a Variety of Half Sandwich, Half Wrap Or Half Pita

## **BUILD YOUR OWN**

Wraps Or Hoagie

## **ALSO AVAILABLE DAILY**

Nachos or Tacos w/ Meat & Cheese  
 OR  
 Deli Sandwiches Or  
 Variety of Salads