

Freshman / Sophomore / Junior Newsletter

Woodland Hills
High School
Guidance

Volume 1, Issue 10
December 2018

Announcements

- 2019 Pittsburgh National College Fair: At the David L. Lawrence Convention Center February 7th and 8th, 2019. Register at www.nacacfairs.org.
- SAT Test given at Woodland Hills High School on Saturday March 9, 2019. Registration deadline is February 8th, 2019. Late registration ends 2/27/19.
- ACT given at Woodland Hills High School on 2/9/19 and 4/13/19.
- Stop into the Guidance office to schedule a time to meet with your School Counselor to discuss your short term and long term goals: Academic, Career, and Personal/Social goals. Please visit the guidance website www.whsd.net to assist you with: Preparing, Selecting, Applying, Deciding, and Paying for your post high school education and training.
- Dr. Damico in the College and Career Center room SA11 are available to assist you from 'A to Z' with all aspects of reaching your career goals through student preparation, college planning and academic support.
- Tutoring in most subjects areas available everyday after school in the library. Stop into the Guidance office for more information.

- Math lab tutoring available on Tuesdays and Thursdays after school in room 231
- English lab Monday—Thursday in the Library
- Review and update your Bridges accounts for Career and College exploration, Interest Inventories that align with careers and Scholarship searching.



HOME OF THE WOLVERINES

High Priority Occupations: Involve every type of job from accountants and nurses to welders. These occupations are in high demand by employers, have higher skill needs, and are most likely to provide family sustaining wages. For a complete listing of high priority jobs please visit the High School guidance website.

- What you need to succeed in high school: Maintain at least a 3.0 GPA (Grade Point Average), attend school every day and be on time to every class, complete all classroom and homework assignments on time, participate in extra curricular activities (school clubs, community service etc..) and: Work Hard, Work Hard, Work Hard!
- The Pennsylvania Career Education and Work Standards: Requires all students to obtain the following skills before graduating from high school. Career Awareness and Preparation, Career Acquisition (Getting a Job), Career Retention and Advancement and Entrepreneurship.



Open Houses /
College Visitations

Stop into the Guidance office or College Access Center for upcoming college tours and college representatives visiting Woodland Hills High School.

Below is a listing of upcoming open houses and visitations at the specified school.

- Allegheny College: Open Houses on 1/21/19
 - Bryn Athyn College: Sophomore/Junior Visit Day on 5/11/19
 - Carlow University: Campus Tours on 1/19/19, 2/9/19 and 3/16/19
 - CAL U: California University of PA: Open Houses 2/23/19, 3/23/19 and 4/27/19
 - Clarion University: Open House Saturday 4/27/19
 - Drexel University: Open Houses 3/2/19 and 3/3/19
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- Duquesne University: Information sessions in the Spring 2019. Dates TBA.
 - Eastern University: "Explore Eastern Days" 2/18/19, 3/16/19 and 4/15/19
 - Edinboro University: Open Houses: 4/13/19
 - Grove City College: "Junior Crimson Day" 4/27/19
 - IUP: Indiana University of PA: Open Houses: 4/6/19 and 4/27/19
 - Lock Haven University: Open Houses 3/2/19 and 4/6/19
 - Marietta College: Open House 6/29/19
 - PSU Greater Allegheny: "Junior Discovery Day" 4/21/19
 - Pennsylvania College of Art and Design: Open Houses 1/19/19 and 3/30/19
 - Slippery Rock University: "Pride Guide": Daily visits are designed for juniors and seniors: To schedule please contact the Admissions Office at 1-800-929-4778
 - Washington and Jefferson: Open Houses 1/21/19 and 2/18/19

Scholarship Opportunities

- **Woodland Hills High School Guidance Webpage** has more information to assist students and their families with reaching their Academic, Career and Personal/Social goals. http://www.whsd.net/content_page.aspx?schoolid=1&cid=158
- **Paying for College Student Resource Guide:** This comprehensive document includes Scholarships, Internships, Fellowships, Resource Books and Websites to assist students in finding the financial means to pay for their post-secondary education. http://roybal-allard.house.gov/uploadedfiles/student_resource_guide_2017-2018.pdf
- **Free scholarship search sites:** The link below has over 40 free websites which lists thousands of scholarships and financial aid awards worth millions. <http://www.college-scholarships.com/>
- **Princeton Prize in Race Relations:** recognizes and awards a \$1000 prize to recipients whom have had a significant positive effect on race relations in their schools or communities. Students can apply at <https://pprize.princeton.edu/> or stop into the Guidance office for more information.

Applied/Hands on: Trades and Crafts

- **Forbes Road Career and Technology Center:** Offers High School students an opportunity to train for immediate employment or advanced placement in many colleges and technical schools. Students attend Forbes Road part of the day for their technical training and attend Woodland Hills High School the remainder of the day. Forbes Road offers 18 Career and Technical Programs: Building Construction Technology, Electrical Technology, Heating, Ventilation and Air Conditioning, Landscape Design, Emergency Response Services, Health Science Technology, Child Care Services, Cosmetology, Culinary Arts, Advertising Design, Computer Networking and Security, Information Technology and Gaming, Multimedia Design, Automotive Technology, Collision Repair Technology, Diesel Technology, Warehouse Management and Machine Tool/Robotics. Visit the High School Guidance office for more information.
- **Builders Guild of Western Pennsylvania:** Offers a variety of crafts and specialty apprenticeship programs in the building and construction trades available to students upon graduation from Woodland Hills High School. These hands on activities range in work load as well as the amount of technical skill needed to complete required tasks. The trades offered through the builders guild are: Boilermakers, Bricklayers, Carpenters, Heavy and Highway Carpenters, Millmen/Cabinet Makers, Millwrights, Pile Drivers, Cement Masons, Electricians, Elevator Constructors, Insulators, Iron Workers, Laborers, Operating Engineers, Painters, Plasterers, Plumbers, Roofers, Sheet Metal Workers, Sprinkler Fitters, and Steam Fitters. For more information please visit: www.buildersguild.org or 412-921-9000.

Internships and Programs

- **Pre-College Summer Program Opportunities for Students in Pennsylvania:**
<http://studenteducationprograms.com/Pennsylvania.html>
- **Information for College-Bound Students with Disabilities and Medical Conditions in Pennsylvania:**
<http://secondarytransition.org/resources/englis>
- **Emerging Leaders Program:** which is offered through the Human Service Center Corporation provides students the opportunity to build their job readiness skills, explore different career opportunities through hands on experiences and field trips, participate in weekly trainings and skills building activities, earn money, and improve their study skills and grades. For more information stop into the guidance office or call the HSCC at 412-829-7112.
- **Upcoming Historical Black College Tours Presented by Educational Student Tours.** The tour is for High School students and is scheduled from 6/16/19 through 6/20/19. The total cost for the tour is \$1,650; book now as space and time is limited. Contact 310-215-9522 or visit www.blackcollegetours.org for more information.

Internships and Programs continued:

- **Braddock Youth Project:** The (BYP) is a summer and after school program for Braddock youth and surrounding areas ages 14-18. (BYP) is a training and work experience program that focuses on community revitalization, service learning, video production/media literacy, community event planning, and green/gardening projects. For more information visit: <http://braddockyouth.org> or contact (BYP) staff at 412-670-8722 or 412-918-0079.
- **Life'sWork: Opportunity. Employment. Independence:** Are you age 17-21? Are You unemployed? Do you have low income? Is there something in your life that makes it hard to get or keep a job? If you meet the above criteria Life'sWork may be able to assist you with finding suitable employment. Call 412-471-2600 x 407 for more information.
- **Service Academy Nomination Process:** The Application for the 18th Congressional district to nominate students to one of our U.S. Service academies: Air Force, Merchant Marine, Military and Naval Academies. The application process should begin in the spring of the student's Junior year. It is competitive and requires a student to display exemplary academic achievement and commitment to serving his or her community. For more information contact roxanne.buckels@mail.house.gov or call 412-344-5583.
- **Phipps Conservatory and Botanical Gardens High School Internship Program:** "Bringing Science to Life" is seeking highly motivated students whom will be entering 10th, 11th or 12th grade and are eligible to receive free or reduced lunch. This paid; six week internship opportunity offers a variety of lessons, hands-on activities, field trips, and work experiences in diverse fields of both plants and environmental services. Applications will be accepted from January 1st until April 1st, 2019. Questions may be directed to Kate Borger at 412-622-6914, or www.phippsconservatory.org.
- **Duquesne University's Forensic Science and Law Fraternity Phi Sigma Lambda:** Invites Juniors and Seniors to apply for the Forensic Science and Law Workshop in the summer of 2019. Workshop topics include; Evidence Collection, Fingerprints, Arson Investigation, Thin Layer Chromatography, Toxicology, Hair & Fiber Analysis, Famous Cases, Body Decomposition, Firearms and Tool marks, Eyewitness Identification, DNA Fingerprinting, Mock Crime Scene, and Handwriting Analysis. Applicant's must have at least a 2.5 GPA and there is a \$200 participation fee which includes all breakfasts and lunches. For more information please contact phisigmalambda@hotmail.com.
- **Pennsylvania State Police Youth Week:** Is a six-day camp at York College of Pennsylvania used to introduce students to all facets of law enforcement. Cadets march to their classes in platoon formation and have drill competitions. The program includes physical training, self defense, forensics, canine, crime codes, bomb squad, SWAT team, riot control, prison systems, drug laws, radar, marksman course, and familiarity with weapons. Any female or male student is eligible who is between the ages of 15-18. Dates are from June 9th—June 15th, 2019. Cost: \$175 paid by your local American Legion post/unit or other civic group. For more information call 717-730-9100.
- **United Way of Pittsburgh:** Help line, where to turn when in need: 412-255-1155. They also publish an updated list of camps and after school programs for Allegheny County and surrounding areas. Please visit www.unitedwaypittsburgh.org for more information.
- **CCAC: Community College of Allegheny County:** offers a variety of academic classes available for dual enrollment. Dual enrolled students are those whom are actively enrolled at Woodland Hills and taking college level courses. Please stop into the Guidance office for more information.

Internships and Programs continued:

- **The PA School for Global Entrepreneurship at Lehigh University:** Brings American sophomore and Juniors together with international high school students for a five week entrepreneurial learning experience from June 30th—July 27th, 2019. The program cost is \$4,250 and the application deadline is 2/15/19. For more information contact Diana Shephard at 610-758-6886 or visit: <http://www.iacocca-lehigh.org/govschool/overview1.html>
- **Yale Young Global Scholars Program:** Is offering a highly selective, two week academic and leadership experience for exceptional students in 10th and 11th grade. Yale's pre-college program has 3 sessions: Politics, Law, and Economics; International Affairs and Security; and Science, Policy, and Innovation. Application deadline is 2/6/19. Visit <http://globalscholars.yale.edu> for more information.
- **The Pennsylvania American Legion's Keystone Boy's State Program:** Is an educational workshop for high school Juniors who have an interest in student leadership, such as student government officers, athletic team captains, and prominent student organization officers. Males selected to attend Boy's State will have the opportunity to gain leadership skills through a variety of activities and presentations during the week long program. The program follows a hands-on format where students practice the procedures and operations of the various branches of city, county and state legislature. Location: Shippensburg University. Dates: June 16th—June 22nd, 2019. Cost is free to student citizens (American Legion Post pays tuition—\$200/student). For More Information visit:<https://pa-legion.com/programs/student-programs/keystone-boys-state/> or contact 717-730-9100.
- **Pennsylvania Free Enterprise Week:** Gives High School Sophomore and Juniors the opportunity for hands on instruction by acting as management executives and dealing with the task of running an imaginary company and turning it into a financial success. Students will live on the campus of Lycoming College or Pennsylvania College of Technology for the desired week of: July 7—13, July 14—20, July 28—August 3rd or August 4th—10, 2019. The cost to attend is \$295, and the application deadline is May 1st, 2019. PFEW can be contacted at 814-833-9576 or students can apply online at: <http://www.pfew.org/pdf/pfewstuapp.pdf>
- **University of Notre Dame:** Is offering pre-college programs to exceptional students whom would like to experience Notre Dame's unique, multi-faceted approach to the life of the mind, heart, and spirit. Application deadline is 2/19/19. Applications are available at: precollege.nd.edu
- **Career Link Pittsburgh:** For information about job readiness programs, online assistance and in person assistance in finding employment, please contact: 412-436-2225
- **University of Pennsylvania Engineering Summer Academy:** Is a three week applied science and technology academy available for talented High School students. Take your interests in math and science to the next level and apply it to cutting edge technology in Biotechnology, Computer Graphics, Computer Science, Engineering Complex Networks, Nanotechnology or Robotics. The application deadline is 3/1/19 and the program runs from July 7th—July 27th. Please visit: www.seas.upenn.edu/saast for more information and application.

- **ALCOSAN's**: Scholastic Outreach Programs include after school programs, Saturday workshops and summer camps provide environmental awareness for students, teachers & communities, all within ALCOSAN's 83-municipality service area. Developed from Pennsylvania's Academic Standards for Environment and Ecology and expanding upon traditional classroom learning, the program stresses a hands-on approach to environmental science. For more information on programs please visit www.alcosan.org or contact 412-766-4810 or 412-732-8027.
- **The University of Pittsburgh**: is offering current High School students the opportunity to experience college now and gain credits toward your undergraduate degree, no matter what university you end up attending. Please visit Pitt's website below for application information: <http://summer.pitt.edu/> or call 412-624-7428.
- **The University of Pittsburgh Health Career Scholars Academy**: Is a four week program held from June 30th, 2019 — July 27st, 2019 for students whom are interested in learning more about healthcare careers. The program focuses on exposing students to healthcare delivery systems, career awareness in healthcare, and incorporating what they learn into a medical profession. This program is available to all current Sophomores and Juniors. Cost is \$2,950 and tuition assistance is available through the UPHCSA. Completed applications must be returned to the UPHSCA before February 15, 2019. Applications are available at <http://www.hcsa.pitt.edu/how-apply> or contact 412-647-5362 for more information.
- **National Multiple Sclerosis Society**: If you have a desire to get involved and be part of making a difference, consider volunteering with the Western Pennsylvania Chapter of the National MS Society. The chapter has a wide variety of flexible opportunities, both short term and ongoing. Feel free to contact Susan Cooke for more information at 412-261-6347 or susan.cook@nmss.org.
- **UPMC Mercy**: Department of Volunteer Services is seeking junior volunteers who are at least 14 years old, and interested in helping others at one of the various UPMC facilities offering volunteering. Contact 412-232-8081 for more information. Applications are available at <http://www.upmc.com/locations/hospitals/mercy/about/Pages/volunteer.aspx>
- **Temple University's Summer Owls Leadership Program**: For High School Sophomores and Juniors. This leadership program is designed to give students the ability to choose one college credit course. The program runs from 7/8/19 to 8/2/19; the application deadline is 5/9/19 and applications are taken on a 1st come 1st serve basis. Visit <https://www.temple.edu/summer/summeracademy> for more information.
- **Women in Engineering, University of Dayton Summer Camp**: Explores engineering with other young women from across the country and have the opportunity to dabble in engineering through hands-on, learn-by-doing experiences. You'll conduct experiments, innovate, make cool stuff, spend a day at a job site, meet women engineers and get a taste of college life by staying in a residence hall with high school girls who share your interests. The camp will take place in June 2019, exact dates TBA; registration information fee is \$700 and taken on a 1st come 1st serve basis. For more information visit: www.udayton.edu/engineering/hs_programs/women_in_engineering_summer_camp.php or contact the School of Engineering at 937-229-3296.