

WOODLAND HILLS INTERACTION SERIES

Visit with Dr. Stephen Esper

Cardiothoracic anesthesiologist

March 17, 2017



Dr. Stephen Esper is a cardiothoracic anesthesiologist with the UPMC Department of Anesthesiology. He implemented, along with UPMC's Dr. Jennifer Holder-Murray, the Enhanced Recovery After Surgery, or ERAS, approach. ERAS is modeled after a European technique designed to help patients recover faster after surgery. Dr. Esper is also an assistant professor at the University of Pittsburgh School of Medicine where he has been nominated for the Teacher of the Year Award.

- **Dr. Stephen Esper** is a 1999 graduate of Woodland Hills.
- He has published over two dozen articles and papers.
- Dr. Esper completed a fellowship in Cardiothoracic Anesthesiology at the Duke University Medical Center.